

# Sheila Frampton-Cooper

[www.Zoombaby.com](http://www.Zoombaby.com)

## Appliqué + Piecing = New Possibilities

### Workshop Description



In this workshop, students will draw a design, create a full-scale pattern on freezer paper, and assemble the forms by Appli-piecing, which is part appliqué and part piecing. I will guide students in composing a simple or complex design, and encourage that the process is undertaken with openness and ease. Students will play with shape, scale and movement. We will also discuss creating a value study, and then choosing your palette. Students will be provided with small compositions to assemble and become comfortable with the technique before they start designing. In addition, I will present a slideshow that illustrates each step in the process.

### Supply List

- 100% cotton fabric, preferably solids **LIGHT/MED/DARK VALUES FOR EACH COLOR** (details next page) Textured prints/tone on tone fabrics are welcome in this workshop. Batiks will also work very well with this technique.
- At least one yard each of neutral colors. (\*see below)
- Sewing machine (Your sewing machine must play well with very fine thread.)
- Needles (Microtex Sharps #60/8 or #70/10) This is very important because you will be sewing with very fine thread.
- A large piece of Freezer paper** (Will be provided)
- Regular black Sharpie Pen** (Will be provided)
- Superior Threads MonoPoly™ Thread (Only this brand, and the translucent version, not the black.) Some machines will not like this thread, so please test before the workshop. An alternative would be Wonderfil by Invisafil - light gray 100wt 2-Ply Polyester Thread.
- Seam ripper and very sharp small scissors
- Rotary cutters (with extra blades) You will want a 28mm, as well as the standard 45mm.
- Ruler

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### Supply List (continued)

- Cutting Mat (at least 24" for cutting width of fabric)
- Multi-plug extension cord with surge protection and a 3 prong adaptor if needed for classroom outlets
- Iron and tabletop iron pad (Travel size irons are best.)
- A flat light box. This is a must have and can be found on Amazon for a very good price. (Starting around \$25)
- Good old-fashioned spray starch.** (Will be provided)
- A small round paint brush size 4.** (Will be provided)
- A very small container with a lid.** (Will be provided)
- Sketchbook (for note taking, drawing etc.)
- Regular pencils w/eraser
- Blue painters tape.
- Your cell phone (for taking photos as you progress)

#### *Optional, but not necessary:*

- An iPad Pro with an Apple Pencil if you have one, with the App Procreate installed.

You may visit this website as a reference for choosing your palette:

[http://www.robertkaufman.com/fabrics/kona\\_cotton/?solids&cotton#colorcard](http://www.robertkaufman.com/fabrics/kona_cotton/?solids&cotton#colorcard)

\* \* \*

Having at least 3 values of each color you bring will give you a better result. It's better to bring a few colors and have multiple values (dark, medium, light) of each color you bring. Fat quarters are great to supplement as well.